

Flame of Frith



Frithweaving 2023 - 2031

October 28, 2023

Online

Take a deep breath and let all daily thoughts be...

We are connected in spirit. Today we pray for togetherness.

Envision we are in the [Frith Garth](#) between the worlds, where the [Flame of Frith](#) will burn, as long as we fuel the fire and our own passion for peace. With today's prayers we will make our frith fire burn even more brightly.

Envision we are standing with frith weavers and peace keepers from all over the planet and from the other worlds in the circle of the peace poles: the pole of frith in the north, the pole of safety in the east, the pole of connection in the south, the pole of solidarity in the west and in the middle the pole of balance. The [frithweaving](#) cord we hold in our hands connects us with all poles and thus with the earth, each other and all our relatives.

– *Hallowing*

- 1 Stout and sturdy you stand.
Sunken deep your roots.
High reaching branches.
Bless and bind worlds.
 - 2 Hail to Yggdrasil, hallow and hold!
Hail world tree, hold and hallow!
Hallow and hold in us and around us:
where ever we wander in the nine worlds!
 - 3 Hallow and hold the Flame of Frith
in Midgard and the Other Worlds!
 - 4 Hallow and hold all frith keepers
in Midgard and the Other Worlds!
 - 5 All guthan¹ and spirits wishing us well:
Ward against woe and ill will!
 - 6 Defend from deception and delusion!
Prevent and protect from treason and foe!
Protect us from disease and heal us!
- All:** All frith keepers, the frith garth
and the Flame of Frith are safe and secure!

¹ Proto-Germanic **guthan* ‘god’, originally a neuter noun.

– *Honour the earth*

- 1 Generous earth, giving earth,
fruitful earth, fertile earth,
serving earth, supporting earth,
restoring earth, refreshing earth,
- 2 Giving earth, grieving earth,
Breathing land, beaten land,
Blossoming earth, bleeding earth,
Dazzling land, dying land.
- 3 Beloved earth, land that I love!
Hail to the earth, hail to the land!

All: Hail to the earth, hail to the land!

– *Invocation*

- 4 Hail gods and goddesses all!
Hail elves, dwarves and giants!
- 5 Hail land- and water wights!
Hail to all frith keepers!

All: Hail to all in favour of frith!

- 6 Hail spirits of all lands.
Hail to flora and fauna.
Hail to soil and waters.

All: Hail to the spirits of all lands!

– *Togetherness*

- 1 To speak with Martin Luther King Jr:
Injustice anywhere is a threat to justice everywhere.
- 2 A powder keg exploded.
Roaring cannons drown out humanity,
violence and insanity far away.
- 3 Do we accept to be silenced?
- 4 Or do we choose every day again
for kind gestures:
reaching out a hand, offering help.
- 5 As long as needed every day again
to speak out against hatred and violence.
- 6 Without raising our voices:
we show tolerance together,
we stand strong together,
we promise to spread peace together.

– *Prayer for peace*

- 1 We call to Freyr and Freyja, shining twins,
bestowers of peace and plenty. The World cries
out for your example. Show us the ways of peace!

All: Hail Freyr and Freya!

- 2 Help us to remember our
deep interconnected web of life:
things come and go
yet they could not do so
without each other.
 - 3 We call ancient kith and kin
of the many traditions and world-views,
of the many beliefs and movements
on this fine earth:
 - 4 Work together with us, your descendants,
so that we and our future generations
may live in freedom, safety and frith.
 - 5 Embrace all those who suffer from war, violence,
persecution and/or domination by a foreign nation
in their pain and despair, their fear and loss,
their hunger and loneliness, their fight or flee.
 - 6 Embrace the lands and all animals!
- All:** May our heartfelt plea for peace,
freedom and safety be heard.
- 1 Today we nourish
the flame of frith!
Today we nourish
the flame of tolerance!
Today we nourish
the flame of solidarity!

– *Prayer for refugees*

- 2 Hail to the ancestors!
Hail ancient kith and kin
of all peoples on this earth!
- 3 Watch over all refugees and asylum seekers.
Embrace them with all their pain and despair,
their fear and loss, their hunger and loneliness.
- 4 Millions of people suffer
from war or conflict,
domination by foreign invaders,
persecution, oppression,
violence, climate change.
- 5 Millions of people are forced to flee
their homes and hearths
and everything they hold dear.
May they find safe passage
and helping hands.
- 6 Frith keepers and peace weavers
of all peoples of this world:
help us to remember our humanity.
Give us courage to welcome strangers.
Give us compassion to welcome
refugees and asylum seekers.
- 1 Open our eyes that we may see the needs of others.
Open our ears that we may hear their cries.
Open our hearts that we may feel their pain.

2 Bless those who work to bring them comfort and care.
Inspire generosity and kindness in all our hearts.
Help us to convince politicians
to offer assistance to everyone in need:
bread, bath and bed are simple human needs.

3 Guide the nations of the world
to dialogue and diplomacy
and balance for the benefit
of the earth and all living beings.

All: May our heartfelt plea for peace,
freedom and safety be heard.

– *Sumble*

– *Closing*

4 We are weaving a world wide web
with patterns of peace and plenty.
We tell our tales of times to come!

5 May it open many hearts and minds,
and may it build bridges between peoples.

6 Together we enable everyone's voice.
Together we make compassion,
kindness, creativity, generosity
playfulness and solidarity flourish forever.

1 May our thoughts and deeds
be a loving contribution
for the earth and all living beings.

2 May our thoughts and deeds
be a loving contribution
to generations yet to come.

Fare forth, fare in frith! Wæs þu hæl!

All: Hail!

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